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The digital media make people fat, stupid, aggressive, lonely, sick, and unhappy.

MANFRED SPITZER (1958),
German psychiatrist who coined the expression digital dementia

In the digital world, transmitting information ... means making it known within a social network where knowledge is shared in the context of personal exchanges. The clear distinction between the producer and consumer of information is relativized and communication appears not only as an exchange of data, but also as a form of sharing.

POPE BENEDICT XVI, Message for the 45th World Communications Day, 2011



## What responsibility do I have in using the media?

The social media can bring people together or lead them into isolation. They can help people be better informed, enrich and inspire them, or seduce them to evil. What we do and permit in the media and the social networks ought to serve the purpose of all human communication: overcoming the confusion of languages at Babel (Gen 11:4–8) and coming to an understanding of all by the Spirit of God (Acts 2:5-11). The central ethical concept here is "responsibility": responsibility to God, who wants us to help truth prevail and to seek one another in love; responsibility to our neighbor, who should be integrated, involved, and enriched through the social media; responsibility to myself, since I should enter into true community with others through the media instead of shutting myself off in self-centered "virtual" isolation from other people and their real needs.

198, 416, 562 ≥ 2494, 2495, 2497 ≥ 459, 460



## What does ideal communication on the Internet look like?

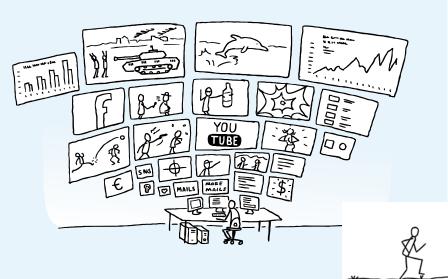
As desirable as it is for Christians to conquer the "digital continent" and to fill it with the light of the Gospel, the way in which they communicate must be set apart from the usual approaches. It makes sense for Christians to post messages and run blogs dealing with Christian topics. But if they denounce other people in them, if they slander, belittle, and condemn others, if they cause or support divisions, then they are doing the opposite of what Pope Francis calls for in *Evangelii gaudium*: "The joy of the Gospel is for all people: no one can be excluded." This applies also to the presence of Christians in the social media: "It is vitally important for the Church today to go forth and preach the Gospel to all: to all places, on all occasions, without hesitation, reluctance, or fear" (EG 23).



### Are there good media and bad media?

Media as such are good, but they can be used badly; some are more useful, others less so. It always depends on one's purpose and how one uses them. One can employ media in such a way that the result The right to information is inseparable from freedom of communication. Social life depends on a continual interchange, both individual and collective, between people. Pastoral Instruction Communio et progressio 44.

All who, of their own free choice, make use of these media of communications ... [should] avoid those that may be a cause or occasion of spiritual harm to themselves, or that can lead others into danger through base example, or that hinder desirable presentations and promote those that are evil. To patronize such presentations, in most instances, would merely reward those who use these media only for profit. Vatican Council II. Decree Inter mirifica (IM) 9





the duty to seek peace. Moreover, peace is a good that is as fragile as it is valuable. Day by day, peace must be built up anew. Peace can last only if both Christians and non-Christians recognize that all are responsible for a common life of reconciliation, justice, and goodwill.

🔁 494–495 🔁 2304–2305 🔁 327, 395

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# How does a Christian get started making peace?

Peace does not begin in trenches or around treaty tables. The peace that comes from above always begins in the heart of an individual human being; from there it spreads. A Christian finds peace in and with himself through prayer and listening to the Word of God. The sacraments are important, too, especially Confession, which is a real sacrament of peace. One attains inner peace also when one takes the first step and meets one's neighbor in real charity. In order to live with one another in peace, Christians know of no more effective method than a permanent willingness to forgive and to be reconciled. "To him who strikes you on the cheek, offer the other also" (Lk 6:29). Your own peace radiates: in the family, in your circle of friends, and in society as a whole.

🔁 95, 517-518 🔁 1723 🔁 279, 284, 311

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#### What is peace?

Many say that peace is the absence of war; others think that peace is a stable equilibrium between hostile powers. These definitions are inadequate, however. Peace is the tranquility of order and, more deeply, happiness in God's good order. This sort of peace is our goal. We find ourselves on the path of peace when we work in justice and love toward a world that is ordered as God intended. Moreover, we find ourselves alongside all people who honestly and sincerely seek

Whenever you share love with others, you'll notice the peace that comes to you and to them.

BL. TERESA OF CALCUTTA (1910–1997)

No peace in the world without peace among nations; no peace among nations without peace in the family; no peace in the family without peace in me; no peace in me without peace with God.

Chinese Proverb

Blessed are the peacemakers, for they shall be called sons of God.

MT 5:9

It is normal for husband and wife

to argue: it's normal. It always happens. But my advice is this: never let the day end without having first made peace. Never!

**POPE FRANCIS,** Sep 14, 2014, homily at Mass with Rite of Marriage

Young people are the source of hope for the future. Your historic destiny is to build a civilization of love, of brotherhood and solidarity.

POPE ST. JOHN PAUL II, World Youth Day 1995 in Manila



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