

Help – and you will receive help



PRAY

Lord, it was in Bethlehem and Nazareth that you started to live as a man among men: as a child among children. As a man among men and women. As a worker among workers. As a citizen among citizens. Lastly, as a victim among the many victims of our world. Ensure that we will never forget your divine-human solidarity by which our earth was changed forever. And ensure that we take over your way of being more and more so that God's kingdom becomes visible on earth even now. Amen.



CONTEMPLATE

One person reads the Bible passage aloud.
Short silence.

Exchange: *What particularly appealed to you?*



STUDY

1. Read DOCAT text sentence-for-sentence. Then one person reads the text aloud in full.
2. Three minutes of silence.
3. Each person reads a word or phrase aloud (without comment) that he or she has noticed.
4. Explain briefly in the next round why you have chosen the sentence (e.g. memories, questions, etc.).



DISCUSS

Also discuss your own questions on this topic!

Treasure Book: *Take five minutes to write down what you don't want to forget.*



CHALLENGE

Our **CHALLENGES** are just suggestions you can make in addition to your study guide meetings. You can also replace them with stronger, more fitting, more original or better ones. Just let us know at feedback@youcat.org.

#DOCATChallenge: *Share your experience on Facebook or Instagram.*



Lk 10:33-37

But a Samaritan traveler who came upon him was moved with compassion at the sight. He approached the victim, poured oil and wine over his wounds and bandaged them. Then he lifted him up on his own animal, took him to an inn and cared for him. The next day he took out two silver coins and gave them to the innkeeper with the instruction, 'Take care of him. If you spend more than what I have given you, I shall repay you on my way back.' Which of these three, in your opinion, was neighbor to the robbers' victim?" He answered, "The one who treated him with mercy." Jesus said to him, "Go and do likewise."

102

How can solidarity be put into practice?

Solidarity is simultaneously a social principle and a moral virtue (Compendium of Social Doctrine 193). As a principle of social order, it serves to overcome the "structures of sin" (SRS 36) and to create a "civilization of love" and consequently of solidarity. As a moral virtue, solidarity means deliberate, practical support for the wellbeing of all people. Vague words of compassion do not help; we must act! "The principle of solidarity requires that men and women of our day cultivate a greater awareness that they are debtors of the society of which they have become part."

1. The social sins against the principle of solidarity consist in leaving, abandoning or betraying a (weaker) person. Why?
2. When I consider my country, my town, my village, my family: Who is not (or is hardly) able to live without the supportive aid of others?
3. Think of the earth's resources: Why is „sustainability“ a commandment arising out of the principle of solidarity?
4. Who is counting on you? Who can count on you when in need of help? Why do you often hesitate to help?

Check your surroundings. Do you recognize any action of solidarity you might contribute for a while or participate in a certain initiative?

Do you take on this challenge?

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DOCAT Study guide



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